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The Role of IL-23 in Ulcerative Colitis



About Interleukin-23

Interleukin-23 (IL-23) is a key signaling molecule (also known as a cytokine) involved in inflammatory processes.¹ IL-23 is produced by immune cells that survey the intestinal environment, such as dendritic cells and macrophages, in response to signals in the gut.^{1,2} It is thought to be linked to multiple chronic immune-mediated diseases, including inflammatory bowel disease (IBD).^{1,2}

As a member of the IL-12 family of cytokines, IL-23 has pro-inflammatory properties.² IL-23 is composed of two subunits – p40, which is shared with IL-12, and p19, which is unique to IL-23.¹

About IL-23 and Immune Functions

IL-23 is produced by a network of immune cells in the gut.^{1,2}

When IL-23 binds to its receptor, it signals through the JAK-STAT pathway via STAT3 and activates inflammation-inducing functions of T helper 17 (Th17) cells.^{1,2}

Once activated, Th17 cells release pro-inflammatory cytokines, including IL-17A and IL-17F, TNF α , IL-22, IL-26, and interferon gamma, which trigger inflammation.²⁻⁴

Ulcerative Colitis and the Immune System

IL-23 plays a key role in the development of IBD by influencing mucosal immunity, as IL-23 suppresses T-cells which typically regulate inflammation.^{1,2}

Ulcerative colitis is a chronic inflammatory disease of the colon and rectum that affects the lining of the colon and causes small sores, or ulcers, to form.⁵ Ulcerative colitis symptoms can vary, depending on the severity of inflammation, including rectal bleeding, bowel-movement urgency, and abdominal pain.⁶

Increased levels of IL-23 and Th17 cell cytokines have been found in intestinal mucosa, plasma, and serum of patients with IBD.¹

AbbVie in Gastroenterology

With a robust clinical trial program, AbbVie is committed to cutting-edge research in IBD, including ulcerative colitis and Crohn's disease. By innovating, learning and adapting, AbbVie aspires to make a positive long-term impact on the lives of people with IBD.

For more information on AbbVie in gastroenterology, visit: https://www.abbvie.com/our-science/therapeutic-focus-areas/immunology/ immunology-focus-areas/gastroenterology.html

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