



**Andrea H.**  
**Half Moon Bay, CA**  
**Born in 1957**  
**Diagnosed in 1973**

*"I refuse to let my epilepsy stop me from doing the things I love to do."*

Andrea was a star athlete in high school when she began having nocturnal seizures. She had a difficult time getting her parents and her neurologist to believe her seizures were something other than a form of teenage rebellion. Andrea left home after high school and spent the next decade living up to the disappointment her parents told her she was. All the while, she still couldn't find a neurologist who understood her condition.

After a failed marriage, Andrea realized she'd become her own worst enemy. She stopped settling and turned her life around. She excelled at work, found love and remarried. Together they found an epileptologist who finally understood Andrea's epilepsy and prescribed a treatment that helps control her seizures. She got her MBA and dedicates her spare time to being an advocate for people with epilepsy and reforming the healthcare system. Her motto: Accept your epilepsy, but refuse to settle.

As an Epilepsy Advocate, Andrea hopes sharing her personal experience will build further awareness and understanding on living well with epilepsy.